

**Western Carolina University**  
**FALL 2024 LIBERAL STUDIES CHECK-SHEET**  
**(Courses are 3 credit hours unless noted otherwise.)**

\*Denotes courses with an Inclusive Excellence component.

**Please refer to the schedule of classes for the most current information regarding Liberal Studies course offerings and availability. Courses that meet Liberal Studies requirements may be found using the Advanced Search option in the schedule of classes in myWCU. Attribute = LibStdy.**

**THE CORE (21 HOURS)**

**C1. Writing, 6 hours**

ENGL 101 Writing and Rhetoric (Freshman Year)  
ENGL 202 Writing and Critical Inquiry (Sophomore Year)

**C2. Mathematics, 3 hours**

MATH 101 Mathematical Concepts  
MATH 130 Precalculus I\*\*  
MATH 170 Applied Statistics  
(Satisfied if student passes any MATH course 101 or higher, except for MATH 190-199, MATH 301, MATH 362, MATH 400, MATH 462, MATH 471 and MATH 479.)

\*\*MATH 130 will be assigned with MATH 100 Support Course

**C3. Oral Communication, 3 hours**

COMM 201 Foundations of Communication

**C4. Wellness, 3 hours**

HEAL 111 Stress Management for Health & Wellness  
HEAL 123 Health & Wellness  
HSCC 101 Nutrition, Fitness & Wellness

**C5. Physical & Biological Sciences, 6 hours**

***Courses must be taken in two different disciplines.***

Other 100-200 level science courses from AST, BIOL, CHEM, ENVH, GEOL, NRM and PHYS (with the exceptions of ENVH 200, ENVH 210, NRM 213, NRM 240, and courses numbered from 190-199) meet this requirement.

AST 102 Introductory Observational Astronomy  
\*BIOL 102 Human Genetics  
BIOL 103 Environmental Biology  
BIOL 104 Human Biology  
CHEM 101 Chemistry in Society  
ENVH 130 Environmental Health Science: Systems & Solutions  
\*ESI 140 Oceanography  
GEOL 140 Investigations in Environmental Geology  
GEOL 141 Earth History & Prehistoric Life  
GEOL 145 Climate Change and Water Resources  
GEOL 151 Earth: Geology, Resources, Hazards, and Environment  
\*NRM 140 Natural Resource Conservation & Management  
PHYS 105 Contemporary Physics

**THE FIRST-YEAR SEMINAR (3 HOURS)**

**Transition courses such as USI, LEAD, COUN are NOT considered**

**First-Year Seminars.**

- a. Students transferring in 0-15 credit hours are required to take this course in their first year.
- b. Students transferring in 15.1 – 29.9 credit hours are eligible to take a First-Year Seminar, but it is not required. The FYS is waived and the student does not have to make up the hours in the Liberal Studies program, but will need to graduate with the number of hours required by the program of the major.
- c. Students with 30 or more credit hours are not eligible to take a FYS.
- d. Grading for the First-Year Seminar is A, B, C, or U (Unsatisfactory).
- e. If a student receives a grade of U in the First Year Seminar he/she must make up the hours by taking another course in the Liberal Studies Program.

BA 195 Movers & Shakers: Exp. Leaders & Experiential Leadership  
BIOL 192 Plants and Society  
BIOL 194 Biotechnology: Methods, Applications & Implications

*(FYS Continued)*

CIS 195 The Information Society at Work  
CM 190 Green Building & Sustainability  
EDCI 191 Teachers, Schools, and Society  
ENGL 190 Literature  
ENGL 191 Creative Writing  
ENGR 199 Introduction to Engineering Practices and Principles I  
*(Engineering majors only)*  
ENT 195 Social Entrepreneurship  
\*ENVH 190 From Black Death to Bioterrorism  
\*HSCC 192 Intro to Health Professions  
ND 190 Personal Nutrition  
\*PAR 190 Freedom, Culture, & Utopia  
PAR 193 Cults & Covens: Investigating New Religious Movements  
PSC 190 Freshman Seminar in Political Science  
\*RTH 190 Disability as Diversity

**THE PERSPECTIVES (18 HOURS)**

**P1. Social Sciences, 6 hours (2 courses)**

***Courses must be taken in two different disciplines.***

ANTH 110 Introduction to Archaeology  
ANTH 115 Introduction to Biological Anthropology  
BA 133 Introduction to Business  
\*ECON 231 Introductory Microeconomics & Social Issues  
\*ECON 232 Introductory Macroeconomics & Social Issues  
ENVH 200 Intro to Public Health  
FIN 210 Managing your Money for Financial Success  
FIN 350 So You Want to be a Millionaire  
LAW 406 Media Law  
PSC 101 American Government & Politics  
PSY 150 General Psychology  
PSY 320 Developmental Psychology 1: Childhood  
PSY 331 Human Sexuality  
\*SOC 103 Human Society  
SOC 235 Social Problems  
\*SOCW 251 Social Issues, Policy, & Programs  
\*SOCW 354 Human Behavior & the Social Environment  
\*SOCW 402 Diversity in Contemporary Society

**P2. Category Has Changed to Core 5 (Physical & Biological Sciences)**

**P3. History, 3 hours**

\*HIST 107 World Cultures in Historical Perspective  
\*HIST 131 North American History to 1865  
\*HIST 132 US History Since 1865  
\*HIST 210 African History to 1880  
HIST 212 Latin American History I  
\*HIST 222 European History since 1517  
\*HIST 234 Immigration and Ethnicity in US History  
\*HIST 236 Native American Lives  
\*HIST 238 History of American Pop Culture: Music, Movies, & Media  
HIST 240 History of Hip-Hop  
\*HIST 250 Urban History: Cities and Suburbs in the U.S.  
\*HIST 303 The African Diaspora  
\*HIST 311 Ancient Greece & Rome  
\*HIST 341 North Carolina History

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**P4. Humanities, 3 hours**

\*ECON 344 Ethics of Capitalism  
\*ENGL 203 The Literature of Rebellion, Revolution, and Resistance  
ENGL 207 Popular Literature & Culture  
ENGL 278 Introduction to Film Studies  
ENGL 352 The Journey in Literature  
ENGL 353 Stories Retold  
ENGL 367 Appalachian Literature  
ENGL 368 Film Genres  
GBS 200 Introduction to Black Studies  
\*HIST 271 Religion in America  
\*HIST 281 Transformations in European Religious History  
LAW 201 Individual Rights  
LAW 412 Business Ethics & Corporate Responsibility  
PAR 101 Western Philosophical Traditions  
PAR 102 Western Moral Traditions  
\*PAR 121 Religious Ethics and Moral Problems  
PAR 146 Judaism, Christianity & Islam  
PAR 250 Origins of Early Christian Traditions  
PAR 304 Ancient Greek and Roman Thought  
PAR 309 Philosophy in & of Film  
PAR 315 Philosophy of Mind  
PAR 320 Philosophical & Religious Classics: Jesus & Paul  
\*PAR 330 American Wilderness Ethics & Aesthetics  
PAR 332 Biomedical Ethics & Social Justice  
PAR 366 Science, Religion & Knowledge  
PRM 365 Nature Rx  
SM 340 Sport Ethics

**P5. Fine & Performing Arts, 3 hours**

\*ART 104 Introduction to the Visual Arts  
DA 259 Dance Appreciation  
\*FPA 101 Experiencing the Arts  
\*FTP 340 Filmmakers on Filmmaking  
IDES 250 Introduction to Interior Design  
\*MUS 101 Music Appreciation  
\*MUS 102 Music in American Culture  
\*MUS 300 Country Music: A Cultural & Stylistic History  
\*MUS 304 Jazz Appreciation  
\*THEA 104 The Theatre Experience

**P6. World Cultures, 3 hours**

Satisfied if student passes Modern Foreign Language (MFL) 101, 102, 140, 231, 232, 240, or 301. Only three credit hours earned in MFL apply to P6 category.

\*ANTH 120 Introduction to Cultural Anthropology  
\*CHER 101 Experiencing Cherokee & the Cherokee-Speaking World  
CHER 231 Intermediate Cherokee I  
\*CM 365 Construction and Culture  
\*COMM 415 Intercultural Communication  
\*FREN 101 Beginning French I  
FREN 231 Intermediate French I  
\*GEOG 103 Cultural Geography  
GEOG 140 World Geography  
\*GEOG 440 Regional Geography  
\*GER 101 Beginning German I  
GER 231 Intermediate German I  
\*HSCC 420 Cultural Diversity for Health Care Practitioners  
\*HT 238 Travel and Tourism  
\*JPN 101 Beginning Japanese I  
JPN 231 Intermediate Japanese I  
JPN 301 Third Year Japanese I

*(P6 Continued)*

\*LATX 220 Introduction to U.S. Latinx Studies  
\*MUS 303 The World of Music  
\*ND 310 Food, Nutrition & Culture  
\*PAR 145 Religions of Asia  
\*PAR 260 Religion, Gender, Sexuality  
PAR 353 Religion in Film  
\*PAR 357 Hinduism  
\*PRM 322 International Adventure Travel & Global Citizenship  
PSC 169 Global Issues  
\*SOC 160 Chinese Culture and Society  
\*SM 350 Global Sport & Culture  
\*SPAN 101 Beginning Spanish I  
\*SPAN 102 Beginning Spanish II  
SPAN 231 Intermediate Spanish I  
SPAN 232 Intermediate Spanish II  
SPAN 240 Accelerated Intermediate Spanish (6 credit hours)  
\*SPAN 301 Spanish Conversation & Composition I

**UPPER LEVEL PERSPECTIVE (ULP) (300-400 level)**

**ONE OF THE PERSPECTIVES CATEGORIES MUST BE MET WITH AN UPPER LEVEL PERSPECTIVE COURSE THAT IS OUTSIDE OF THE DISCIPLINE OF THE MAJOR. ULPs are bolded.** Students should not enroll in courses numbered above their class rank without permission of the department offering the course.

**NOTE: Courses used to meet Liberal Studies requirements (with the exception of Upper Level Perspective) may be used simultaneously to meet other requirements, including requirements in the major.**